



LOHMAN ENDOSCOPY CENTER
4381 E. LOHMAN AVE, STE A. LAS CRUCES, NM 88011
PH:575-522-3220 FX:575-522-6212

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FLEXIBLE SIGMOIDOSCOPY

Patient Name: _____ **Arrival Time:** _____
Procedure Date: _____ **Procedure Time:** _____

BLOOD THINNERS:

If you are on prescribed blood thinner, please make sure to notify us. You may be required to stop it a few days prior to procedure. However, **DO NOT STOP TAKING IT UNTIL YOU HAVE BEEN CLEARED BY YOUR CARDIOLOGIST.**

NSAIDS:

If you regularly take medications that contain Aspirin, Ibuprofen, or any other NSAIDS (non-steroidal anti-inflammatory drugs), ask your doctor if he prefers you to stop a few days before or continue to take it.

PREPARATION FOR THE PROCEDURE:

- Take 2 Dulcolax tablets at 3pm the day before your procedure.
- You will need to purchase 2 fleet enemas. Use the 1st one 2 hours before you leave for your appt; then use the 2nd enema 15 minutes after the 1st one.
- **NO** solid foods after midnight the night before your procedure. You may have clear liquids **UP TO 3 HOURS** before the procedure.
- ★ **The Dulcolax tablets and fleet enemas can be purchased over the counter at any pharmacy.**

ITEMS TO BRING DAY OF YOUR PROCEDURE:

- **Current insurance & Photo I.D.**
- **Co-pay (form of payment)**
- **A driver is needed for the after procedure. NO Uber, Lyft, or Taxi.**

Your procedure will take place at the following facility:

Lohman Endoscopy Center	Memorial Medical Center
4381 E. Lohman Ave, STE. A	2450 S. Telshor Blvd
Las Cruces, NM 88011 (575)522-3220	Las Cruces, NM 88011 (575)522-8641

- **RESCHEDULES/CANCELLATIONS NEED TO BE 3 BUSINESS DAYS PRIOR TO PROCEDURES. A \$50 FEE WILL BE APPLIED IF LESS THAN 3 BUSINESS DAYS**